



2021 ISDTA STATE SOLO & TEAM CHAMPIONSHIPS VIDEO TAPING GUIDELINES

Coaches may begin recording state team and solo performances using these guidelines as a safety-net in the event a team or soloist cannot attend in person. If this occurs, the recording(s) would be submitted on the day the team/soloist is scheduled to perform at state (November 17, 18, or 19).

PREPARE

- Secure a gymnasium within your school district that allows recording at an elevated angle (see example below)
 - Dance studios are not an approved location.
- Plan for your dancers to be in full makeup, hair, and costuming.
- Fancy filming equipment is not required; a smartphone or tablet may be used to record your videos.

RECORD

- Please follow these steps when setting up your camera angle:
 - Set up your camera in an elevated area and center the frame.
 - Utilize a tripod when possible.
 - Turn your camera **horizontal**.
 - Your camera frame should include all dancers throughout the entire routine. Make sure to not cut out the dancers' feet from your frame.
 - Do not move the camera shot or zoom in/out at *any* time once the recording has started.
 - Ensure that your camera is filming in high definition: 1080p.
- Make sure the room is well lit.
- Your music should be audible in your recording and nonperformance background noises should be limited, such as: a weight room, other athletes, cheering, etc.
- Make sure no passersby enters your frame while filming and no spectators are visible within the frame.
- Start your recording when your dancers are in their beginning positions and allow for a couple seconds after beginning your recording before starting the music.
- Once the routine has finished and the dancers have hit their last position, please allow a few extra seconds before ending the recording.

SUBMIT

- Transfer your videos to your desktop or laptop computer.
- Name your **team** routine video files following this pattern: Performance ID#, Category, School
 - Example: **T134-Class VI Jazz-Des Moines Lincoln**
- Name your **solo** video files following this pattern: Performance ID#, Class, School, Soloist Name
 - Dance Example: **S452-Class IV Dance-Iowa Falls-Alden-Andrea Dana**
- A private Google Drive link will be provided to those with approved circumstances to submit virtual performances.
- Upload your named video file(s) to your school's folder.

EXAMPLES OF CAMERA ANGLE & FRAMING

