

# **COVID-19 Return to Activities Expectations: Iowa High School Dance and Color Guard Effective June 1, 2020**

## **Purpose:**

These expectations are based on guidelines from the Iowa Department of Public Health (IDPH), Iowa High School Athletic Association (IHSAA), and Iowa Girls High School Athletic Union (IGHSAU) and is a resource for administrators and coaches to determine how districts and nonpublic schools may begin to engage in dance and color guard seasons while keeping participants and coaches safe. This document will be amended as information becomes available and must be used in conjunction with all proclamations issued by the governor and guidance provided by the IDPH and in accordance with the policies set by your school district.

## **Date to return to activities:**

The ISDTA is not establishing a return date; rather this decision will be made by each school district using the guidelines established by the Iowa Department of Education (May 20, 2020):

*"In-person team organized activities for other sports remain suspended until July 1. For profit businesses that provide sports training and that sell memberships are allowed to offer sports training as long as they follow the same guidelines as fitness centers/clubs, gymnasiums, health clubs, and health spas and can continue to operate for all sports."*

## **Recommended activity expectations:**

When your school district approves return to activity, team organized practices and performances for dance and color guard should adhere to the following mitigation efforts ensuring safety for participants and coaches:

- Post signage prominently indicating no one should attend or participate in practice if they currently have symptoms or have been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days.
- Coaches are responsible for ensuring social distancing is maintained between participants as much as possible. Specific guidance will be provided to coaches regarding formations, choreography and other participation considerations.
- Coaches are responsible for being aware of current public health measures.
- Rehearsals may take place indoors or outdoors.
- There should be no car-pooling to or from rehearsals.
- Parents must remain in their cars or drop off and pick up participants after practice.
- Participants should use their own equipment at all times. In the event equipment is inadvertently shared, coaches must sanitize it immediately.
- Participants should have their hair pulled back and wear foot coverings.
- Participants must bring their own water/beverage to consume during and after practice. No shared drinking fountains, portable hydration stations, or coolers may be used.
- Participants and coaches' temperatures should be checked before attending practices and performances.
- Anyone with symptoms of any illness or have been in contact with anyone with symptoms is not allowed to attend or participate.
- Coaches should be knowledgeable of their students with pre-existing health conditions and work with school nurses or other health officials to take additional precautions as needed.
- Participants and coaches should wash their hands before and after practices and performances and provide their own hand sanitizer.
- Coaches are responsible for tracking attendance.
- Contact the appropriate administrators if a positive case of COVID-19 is reported (examples: school nurse, school administrator, athletic/activities director)

***Any additional restrictions given by your school district supersede these expectations.***

***This document is subject to revision at any time.***

***Last updated Friday, May 29, 2020***