

## ISDTA RULES & PENALTIES SUMMARY (2018-2019)

RULE	RULE WORDING	PENALTY	APPLIES TO	HANDBOOK PAGE
Content of routine <i>(choreography, music, costuming)</i>	Judges will be directed to deduct points in the choreography and execution categories of the scoresheet if routines are too suggestive in nature due to choreography, music and/or costuming.	10 point deduction from total score	Solos High School Team College Team	8, 35, 58, 63, 79
Headsprings	Headsprings are not allowed	15 point deduction from total score	Solos High School Team College Team	9, 36, 58, 63, 79
Aerials	Side aerials are the only type of aerial allowed. Side/cartwheel aerials (hip over head rotations). Front aerials are not allowed and a penalty will be assessed if used in choreography.	15 point deduction from total score	Solos High School Team College Team	9, 36, 59, 79
Stunts / Airborne Leaps	Due to the high risk of injury stunts and/or airborne leaps into the splits, body falls, etc. are not to be choreographed into any routine. Weight must be born first on the feet to break the impact. Rules Judge will disqualify any team in violation of this rule.	Disqualification	Solos High School Team College Team	10, 36, 59, 79
Gymnastics and Tumbling Passes	Gymnastics and tumbling passes should not be included in routines. Front walkovers and back walkovers are allowed as long as the performer's hands stay on the floor.	5 point deduction/infraction from total score	Solos High School Team College Team	10, 36, 59, 80
Prohibited: Lifts, Proper Spotting, Knee Drops	The following are illegal: knee drops, basket/aerial tosses, shoulder stands, and pyramids. Proper spotting means the spotter must be fully engaged and paying attention to the performer executing the stunt/trick. The spotter must be within close reach of the performer in case the stunt/trick doesn't execute properly. No gymnastic stunts (flips, tumbling passes, etc.) without proper spotting will be allowed in any category of competition.	15 point deduction from total score	High School Team College Team	10, 59, 80
Prohibited: Knee Drops, Gymnastic Stunts	The following are illegal: knee drops and no gymnastic stunts (flips, tumbling passes, etc.) without proper spotting will be allowed in any category of competition.	15 point deduction from total score	Solos	36
Shoulder Sit Clarification	Not allowed: when a performer is sitting on the shoulders of another performer with both legs straddled around the neck	5 point deduction/infraction from total score	High School Team College Team	59, 80
Length of Routine: Solos	Soloist routine length must be a minimum of (1:30) and no longer than (2:00). Penalty will be assessed for too short or too long.	5 point deduction from the total score	Solos	34
Length of Routine: Team	Team routines are a minimum 1:30 and a maximum of 2:15 (with the exception of Show Production). Recommended length for all Team categories except Show Production is 2:00, but the penalty will only be assessed if the routine is too short or it exceeds 2:15.	5 point deduction from total score	High School Team College Team	56, 64-71, 78, 83, 84
Length of Show Production	Minimum length of Show Production is 3:00 and maximum is 5:00. Penalty will be assessed for too short or too long.	5 point deduction from total score	High School Team	56, 71
Music must be on a Flash Drive	Your performance music must be on a flash drive, Smart phones iPads, and other electronic devices are for back-up use only.	5 Point deduction from total score	Solos High School Team College Team	34, 56, 77
Only one song per Flash Drive	Only one song/competition music is allowed on the flash drive.	5 point deduction from total score	Solos High School Team College Team	34, 56, 77
Back-Up Music: <i>for music malfunction</i>	Directors/coaches or representatives must have back-up music in hand during their contestant/team performance. Back-up music can be on a phone, iPad or other electronic device. In the event of music failure and the director/coach/representative has no back-up music in hand, a penalty of 5 points will be deducted from the total score of the performance.	5 point deduction from total score	Solos High School Team College Team	34, 56, 77
Back-Up Music is Not In-Hand and Needs Retrieved	The director/coach/representative will be allowed three minutes to produce back-up music. If it is not produced within this 3-minute timeframe, the contestant/team forfeits that performance.	Forfeit of performance	Solos High School Team College Team	35, 56, 77
Failure to Report to Rules Table	The director/coach/representative must report to the Rules Table in the performance venue at the beginning of the preceding routine. Failure to do so results in a penalty.	5 point deduction from total score	Solos High School Team College Team	34, 56, 77
Not Allowed During Performance: No Photography or Excessive Coaching	No photography (including iPads, cameras on a phone, video cameras, or any photographic device) by the director/coach/representative from the Rules Table while their contestant/team is performing. Assistant coaches, alternates, etc. may take photographs or video. No excessive coaching by the head coach, other coaches/staff or alternates/non-performers who are seated on the chairs or on the floor next to the coach (by the announcer). Excessive coaching includes calling out counts of the routine.	5 point deduction from total score	Solos High School Team College Team	34, 56, 77

Jewelry	Acceptable Jewelry: pierced ears in earlobes only (no cartilage earrings, gauges, etc.), clip earrings, chokers without dangling pendants, hair accessories and jewelry as a part of a costume. Unacceptable Jewelry: Necklaces, dangling earrings, hoop earrings (including ear, eye, brow, nose, etc.), piercings in any area other than the ear lobe (cartilage of the ear, belly, tongue, eyebrow, nose, etc.). Every effort must be made to remove these piercings. If piercing cannot be removed without causing physical pain, they must be taped over with a flesh-toned band aid. Flesh or clear plugs may be inserted one piercings have been removed. Penalty will be assessed per occurrence for prohibited jewelry	5 point deduction/infraction from total score	Solos High School Team College	36, 60, 80
Prohibited Footwear	None of these types of shoes will be allowed on the performance floor: tap shoes, pointe shoes, roller blades, roller skates, cowboy boots or black tuxedo shoes. Skateboards or shoes with wheels will not be allowed. All black-soled shoes should be checked to make sure they do not make black marks on the floor. If a pair of shoes are worn during a performance and create marks on the floor, the routine could be stopped to prevent further damage to the floor. 10pt. deduction from total score.	10 point deduction from total score	Solos High School Team College Team	36, 59, 81
Costuming: Bare Midriff	Appropriate costuming is required. Bare midriffs and sports-bra styling are not allowed.	10 point deduction from total score	Solos High School Team College Team	36, 59, 80
Costuming: Shirtless Male Performer	Male performers may not perform shirtless.	5 point deduction from total score	Solos High School Team College Team	36, 59, 80
Clothing Removal <i>only with Prior Approval</i>	Clothing removal is only permitted with prior approval from the Contest Director (Solo or Team). Failure to notify and receive prior approval for clothing removal will result in a penalty.	10 point deduction from total score	Solos High School Team College Team	36, 59, 80
Tattoos <i>only with Prior Approval</i>	Request of wearing/displaying a tattoo for enhancement of the costuming for the performance needs prior approval from the Contest Director (Solo or Team). This includes any temporary tattoo and/or writing on the body with a Sharpie, etc.	10 point deduction/infraction from total score	Solos High School Team College Team	36, 60, 81
Changing Outside Designated Dressing Area	A penalty will be assessed for changing out in the open and not using the designated changing areas. The penalty applies to the team performance closest to the infraction and deducted from the total score.	10 point deduction from total score of closest routine to time of the infraction	High School Team	55
Maximum Height of a Prop	Maximum height (example: chair or bench seat) cannot exceed 4 feet, but the chair or bench back may be higher than 4 feet. All props must have Prior Approval.	10 point deduction from total score	Solos High School Team	37, 61, 66
Maximum Weight of a Prop	150 pound weight-limit for any staging props or backdrops. Overweight items will not be permitted on the floor.	Overweight prop is not permitted on floor	Solos High School Team	37, 61, 66
Construction of Props and/or Backdrops	No helium tanks, nothing that creates fumes, no spray cans of paint or glitter, no glue fumes, no fuel, no electric generators, no electricity can be used for any routine.	10 point deduction/infraction from total score	Solos High School Team	37, 60
Prop Safeguarding from Damaging Floor	All props must be safeguarded with soft rubber caps. Do not slide anything across the floor. Nothing can be thrown on the floor (confetti, etc.)	10 point deduction/infraction from total score	Solos High School Team	37, 60
Props Not Allowed	Batons are not permitted. No tapping of props on the performance floor (example: drum sticks).	5 point deduction from total score	Solos High School Team	37, 60
No Loose Confetti, Straw, etc. on Floor	No dry ice, confetti, loose straw/hay (straw bale can be wrapped in plastic) helium tank, glass, canned smoke, water, etc. can be used.	10 point deduction from total score	Solos High School Team	37, 60
Wheel Rule Clarification	Hard caster or plastic wheels of any kind will not be allowed.	15 point deduction from total score	Solos High School Team	37, 60
Fine for Floor Damage at Venues	There will be a \$100 fine for any damage to the floor of the Competition venues (Solos and Team) caused by any items: shoes, props, black marks and scuffs, scratches, etc.	\$100 fine assessed	Solos High School Team College Team	37, 60, 81
Gum-Chewing	Gum-chewing is not allowed during a performance.	5 point deduction from total score	Solos High School Team College Team	37, 61, 81
Pom Category: Leaving Poms on Floor	Poms must be picked up during the exit. Penalty for returning to the floor to retrieve poms.	5 point deduction/infraction from total score	High School Team College Team	64, 83
Light Category: Light Sticks Thrown	Light sticks cannot be thrown within the routine and performers cannot hit light sticks on the floor.	10 point deduction/infraction from total score	High School Team	60, 69
Solo Performance Order	Performance order is randomly determined. Do not switch the order of your soloists or it will result in disqualification. Schedule requests must go through the Contest Director prior to the Competition.	Disqualification	Solos	37
Less than the Minimum Performers	A team can perform with less than their minimum if an injury or illness occurs the day of the competition, but the Rules Judge must be notified. Failure to notify the Rules Judge will result in disqualification of the subsequent routines.	Disqualification	High School Team	52
Entrance and Exit Times	You have 30 seconds to take position for your judged routine and 30 seconds to exit the floor. You may not add the entrance or exit times of 30 seconds to your performance. Performance timing begins with the first choreographed movement of the routine.	5 point deduction from total score	High School Team College Team	57, 64-72, 78, 83, 84
Set-up and Take-Down Times	There is a set-up/entrance time of 2:00 for Show Production, Color Guard, Prop, Novelty, Lights, Hoopla, All-Male, Co-Ed. Exceeding 2:00 during entrance and/or exit will result in penalty not to exceed 10 total points.	5 point deduction from total score	High School Team	57, 65-72